



Plan of the Week



December 7th – 11th, 2015

Veterans Resource Center Events

Monday	7	Veterans Resource Center closed.
Tuesday	8	New Veteran Orientation 1000, VRC Classroom
Wednesday	9	
Thursday	10	
Friday	11	Last day of the Quarter! Deadline for Gap Funding Applications.

Campus and Community Events

Winter Quarter Registration is underway! We are currently accepting Gap Funding Applications. The deadline for Gap Funding Applications is close of business on December 11th. To find out more about the program requirements or to download the form, go to:
<http://www.edcc.edu/veterans/documents/gap-funding-application.pdf>



By Chris Szarek, Plan of the Week Military Guest Writer

Insurance Enrollment Fair
 December 8th, 1100-1400 Brier 244
 This is a great opportunity to ask questions and receive information about health and insurance plans from different service providers, or enroll in a plan. If you'd like to enroll, bring your ID card, and last year's tax information. If you're unable to enroll at the fair you can schedule an appointment with a representative for another day.

Counselor's Corner
 By Teresa Lin, Veterans Support Specialist

Congratulations for making it to Finals Week! I hope classes have been going alright, and that self-care has been kept in mind as well. If school and life get too stressful, it is helpful to have healthy coping skills and a good support network. Eating healthy, getting enough rest, weekly exercise, keeping things organized, spending time outdoors and with others, etc. can all be a good way to deal with stress. Feel free to contact me at the VRC for extra assistance. Teresa Lin, MSW, LSWAIC [425-640-1617](tel:425-640-1617).

SUNDAY, DECEMBER 7TH, 1941 AT 7:55 AM HAWAII TIME JAPANESE FIGHTER PLANES ATTACKED THE U.S. NAVAL BASE AT PEARL HARBOR. THE ATTACK IS CONSIDERED TO BE ONE THE WORST AND DEADLIEST IN THE HISTORY OF THE UNITED STATES. THE ASSAULT ON PEARL HARBOR LASTED FOR MORE THAN 2 HOURS DESTROYING 188 AIRPLANES AND KILLING 2,403 AMERICAN SOLDIERS AND 60 CIVILIANS WITH ANOTHER 1,282 SERVICEMEN AND 30 CIVILIANS WOUNDED. NATIONAL PEARL HARBOR REMEMBRANCE DAY IS OBSERVED ANNUALLY IN THE UNITED STATES ON DECEMBER 7TH TO REMEMBER AND HONOR THE FALLEN.

Please note: The Veterans Resource Center will be closed on Monday, December 7th for a staff training event. To view the VRC's break hours please check out the "Contact Us" tab on our web page:
<http://www.edcc.edu/veterans/contact.html>

Hours of Operation	
Monday	Closed
Tuesday	0900-1800
Wednesday	1000-1800
Thursday	0900-1800
Friday	0900-1700